

Mebicar (Tetramethyltetraazabicyclooctandione)

translated from original Russian leaflet by RussianMeds Store

<https://russianmeds.com>

Brand Names: Mebicar, Adaptol®

Name in Cyrillic: Мебикар, Адаптол®

Active substance: Tetramethyltetraazabicyclooctandione

Pharmacologic effect: Anxiolytic

Mebicar regulates disturbances in night sleep. It has anticonvulsant activity, does not show central or peripheral anticholinergic properties, does not have a muscle relaxant and direct hypnotic effect, does not impair the coordination of movements.

Pharmacokinetics: Mebicar is excreted by the kidneys within 24 hours.

Indications:

- Neuroses and neurosis-like states, accompanied by irritability, emotional lability, anxiety, fear (including in patients with alcoholism in remission);
- Mild hypomanic and anxious-delusional states without gross violations of behavior and psychomotor agitation (including anxious-paranoid syndrome in schizophrenia, with involuntal and vascular psychoses);
- Residual states after acute psychoses with symptoms of affective instability and residual productive symptoms;
- Chronic verbal hallucinosis of organic genesis;
- Nicotine withdrawal (as part of complex therapy).

Contraindications:

Hypersensitivity;

Pregnancy (I trimester);

Mebicar is not recommended for children under 18 years of age.

Side effects:

Hypotension, weakness, dizziness, hypothermia (at 1–1.5 ° C), dyspeptic symptoms, allergic reactions (itching).

Interaction: Mebicar can be combined with antipsychotics, tranquilizers (benzodiazepines), hypnotics, antidepressants and psychostimulants. The effect of hypnotics is enhanced by Mebicar.

Dosing and Administration:

Mebicar is taken regardless of food intake, 300-500 mg 2-3 times a day. The maximum single dose is 3 g, the daily dose is 10 g. The duration of the course of treatment is from several days to 2-3 months.

In complex therapy as a means of reducing the craving for smoking tobacco - 500-1000 mg 3 times a day for 5-6 weeks.

Overdose:

Mebicar is low-toxic. The typical clinical picture of an overdose is absent. The manifestations of severe poisoning have not been registered.

Symptoms: possible weakness, arterial hypotension, dizziness.

Treatment: if an overdose is suspected, gastric lavage, symptomatic therapy should be performed.

Special instructions:

Mebicar should not be taken during work by vehicle drivers and people whose profession is associated with increased concentration of attention.

Reliable supplier with fast Worldwide shipping:

RussianMeds Online Store

<https://russianmeds.com>

Storage:

The temperature is not above 25 °C (77 °F)

Keep out of the reach of children.