Vitaprost[®], Vitaprost[®] Forte, Vitaprost[®] Plus

translated from original Russian leaflet by RussianMeds Store <u>https://russianmeds.com</u>

Name in Cyrillic: Витапрост, Витапрост Форте, Витапрост Плюс.

Active substance:

Vitaprost[®] suppositories : prostate extract - 50 mg Vitaprost[®] Forte suppositories : prostate extract - 100 mg Vitaprost[®] Plus suppositories : prostate extract - 100 mg + lomefloxacin hydrochloride 400 mg Vitaprost[®] tablets : prostate extract - 100 mg.

Pharmachologic effect: treatment for chronic prostatitis.

Vitaprost Plus suppositories also contain Lomefloxacin, a broad-spectrum antimicrobial bactericidal agent of the fluoroquinolone group, that is used to treat bacterial prostatitis.

Pharmacodynamics: Vitaprost[®] has an organotropic effect on the prostate gland. It reduces the degree of edema, leukocyte infiltration of the prostate gland, normalizes the secretory function of epithelial cells, increases the number of lecithin grains in the secretion of acini, stimulates the muscle tone of the bladder. Vitaprost improves microcirculation in the prostate gland by reducing thrombosis, antiplatelet activity, prevents the development of thrombosis of venules in the prostate gland.

Based on data from clinical studies, it has been proven that Vitaprost[®] moderately reduces prostate volume. The drug reduces the severity of obstructive and irritative symptoms in benign prostatic hyperplasia, which is expressed in an increase in the maximum and average volumetric velocities of urine flow and a decrease in the volume of residual urine.

Data from clinical studies have shown that the use of Vitaprost[®] reduces the likelihood of developing exacerbations of chronic abacterial prostatitis, does not cause changes in the indicators of clinical and biochemical blood tests, and general urinalysis.

The effectiveness of Vitaprost[®] for the prevention of exacerbations of chroni abacterial prostatitis according to the estimates of medical researchers is 97.5%.

Vitaprost[®] normalizes the parameters of prostate secretion and ejaculate, reduces pain and discomfort caused by prostatitis, eliminates dysuria, improves copulatory function.

Indications:

<u>Vitaprost, Vitaprost Forte :</u> Chronic abacterial prostatitis. Prevention of exacerbations of chronic abacterial prostatitis. Benign prostatic hyperplasia. Conditions before and after surgery on the prostate gland.

Vitaprost Plus :

Acute and chronic bacterial prostatitis caused by sensitive microorganisms, including those accompanied by inflammatory diseases of the genitourinary tract.

Conditions before and after surgery on the prostate gland.

Vitaprost Plus is active against :

<u>gram-negative aerobic microorganisms:</u> Citrobacter diversus, Enterobacter cloacae, Escherichia coli, Haemophilus influenzae, Klebsiella pneumoniae, Moraxella catarrhalis, Proteus mirabilis, Pseudomonas aeruginosa (only for urinary tract infections), Aeromonas hydrophila, Citrobacter freundii, Enterobacter aerogenes, Enterobacter agglomerans, Haemophilus parainfluenzae, Hafnia alvei, Klebsiella oxytoca, Klebsiella ozaenae, Morganella morganii, Proteus vulgaris, Providencia alcalifaciens, Providencia rettgeri, Serratia liquefaciens, Serratia marcescens;

gram-positive aerobic microorganisms: Staphylococcus saprophyticus, Staphylococcus aureus (including methicillin-

resistant strains), Staphylococcus epidermidis (including methicillin-resistant strains).

other microorganisms: Chlamydia trachomatis; Legionella pneumophila.

Resistant to lomefloxacin: Streptococcus spp. groups A, B, D and G, Streptococcus pneumoniae, Pseudomonas cepacia, Ureaplasma urealyticum, Mycoplasma hominis and anaerobic bacteria.

Lomefloxacin acts both on extra- and intracellular Mycobacterium tuberculosis, reduces the time of their excretion from the body, and provides faster resorption of infiltrates. Most microorganisms are affected in low concentrations (the concentration required to suppress the growth of 90% of strains, usually no more than $1 \mu g / ml$). Resistance rarely develops.

Contraindications:

Hypersensitivity to the components of the drug. Lactase deficiency, sucrase/isomaltase deficiency, lactose intolerance, fructose intolerance, glucose-galactose malabsorption (the product contains lactose and sucrose).

Side effects:

Extremely rarely - allergic reactions.

Interaction:

Cases of interaction or incompatibility with other drugs are not described.

Dosing and Administration:

Vitaprost[®] suppositories (incl. Vitaprost[®] Forte, Vitaprost[®] Plus) are applied rectally, 1 suppository 1 time per day after an enema or self-emptying of the intestine. Before use the suppository should be removed from the blisters. After the administration of Vitaprost suppositorie it is advisable to stay in bed for 30-40 minutes.

The duration of treatment is determined by the doctor individually for each patient.

The duration of the course of treatment with Vitaprost[®] suppositories is at least 10 days.

The minimum duration of treatment with Vitaprost[®] Forte suppositories for Benign Prostatic Hyperplasia (BPH) is 15 days, for chronic prostatitis - 10 days, for an overactive bladder - 20 days.

The course of treatment with Vitaprost[®] Plus continues until the pathogen disappears in the prostate secretion and ranges from 10 to 30 days.

Vitaprost tablets are taken orally, 1 tablet 2 times a day.

The duration of the course of treatment with Vitaprost[®] tablets for benign prostatic hyperplasia is at least 30 days, for chronic prostatitis - at least 10 days.

For the prevention of exacerbations of chronic prostatitis, 1 tablet is used 2 times a day for at least 30 days - 1-2 times a year.

Overdose: No cases of drug overdose have been reported.

Special instructions:

Treatment of chronic prostatitis and conditions before and after surgical interventions on the prostate gland should be comprehensive, involving, along with taking Vitaprost[®] tablets, the use of other groups of drugs and non-drug methods of treatment.

Manufacturer: Stada (Russia)

Reliable supplier with fast Worldwide shipping: RussianMeds Online Store <u>https://russianmeds.com</u>

Storage: The temperature is not above 25 °C (77 °F)